Jackson is a small but active community. We have established a cohesive, and proactive concussion management system for our youth athletes, their coaches, managers, and parents, to follow for optimal neurocognitive safety throughout our youth sport programs. A the breakdown on the concussion management system for the youth sport programs of Jackson, WY is as follows:

# BASELINE TESTING

The King-Devick (K-D) Test is mandatory for all athletes participating in a sport program, that requires preconcussion screening. (The K-D pre-concussion screen is suitable for athletes as young as 5 years old). The K-D test will be administered at set practice or training times, established by team coaches, pre-season, to ensure accurate and timely pre-concussion screening early in the season. Find out more about the King-Devick system at: https://kingdevicktest.com/. Athletes and parents may additionally wish to participate in another optional pre-concussion screen, such as the ImPACT Test. Find out more regarding the ImPACT Test at: **https://www.impacttestonline.com.**

# SAFETY AGENTS (SA’s)

Each team will have a Safety Agent, established by the club, who will be able to administer on site K-D postinjury screens, in case of an injury during practice or games, where additional assistance is warranted.

The safety agent can be a parent or volunteer, and is there to assist with carrying out the agreed upon protocol. There can be multiple safety agents per team, but only one SA per practice or game, and the determined SA must be available to assist the team coach in case there is a concussion during the specified practice or a game.

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# PULL FROM PLAY

The SA will help monitor and assess potential injuries during games, and be available to administer the post-concussion screen, if the SA or the coach suspects injury. The SA will administer the King-Devick test and compare against the player’s baseline time, and will conduct a standard checklist of concussion signs/ symptoms to determine whether or not the player has sustained a concussion. Regardless of whether or not a player demonstrates delays or errors in the K-D post-concussion test compared to their baseline, or indicates signs/symptoms consistent with a concussion, according to the guidelines set forth by the Jackson Hole Ski & Snowboard Club (JHSC), that player will be pulled from play as a precaution for at least that day. SA’s do not diagnose a suspected concussion, they can only recommend pull from play based on K-D results and presentation based on JH youth sport checklist. “When in doubt, sit them out.” SA’s can also assist players with injuries not related to a potential concussion.

**Coaches are REQUIRED to pull a player out of a game or practice, if they are injured on the field, mountain, or ice, and can not achieve their preseason King-Devick baseline time.**

# RETURN TO PLAY

If a player has been pulled from a game or practice, it is the responsibility of the parent/guardian to take that player to a medical professional experienced in concussions, for a full medical evaluation, before returning to play. Parents/guardians should always bring preseason baseline test with the player so the score can be compared to a post-injury test.

For any player, who has been diagnosed with a concussion by a trained medical professional, proof of medical clearance for full contact play or sport is required for that player to return to practices or games. Bringing your child to a practice or a game communicates to the athletes coaches and the safety agents that you, as their parent/guardian, feel that they are 100% ready for full participation in their sport. Coaches have the discretion to remove athletes from games or practices, if there are any injury concerns.

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Parent/guardian signature: Date:

Athlete signature: Date: